

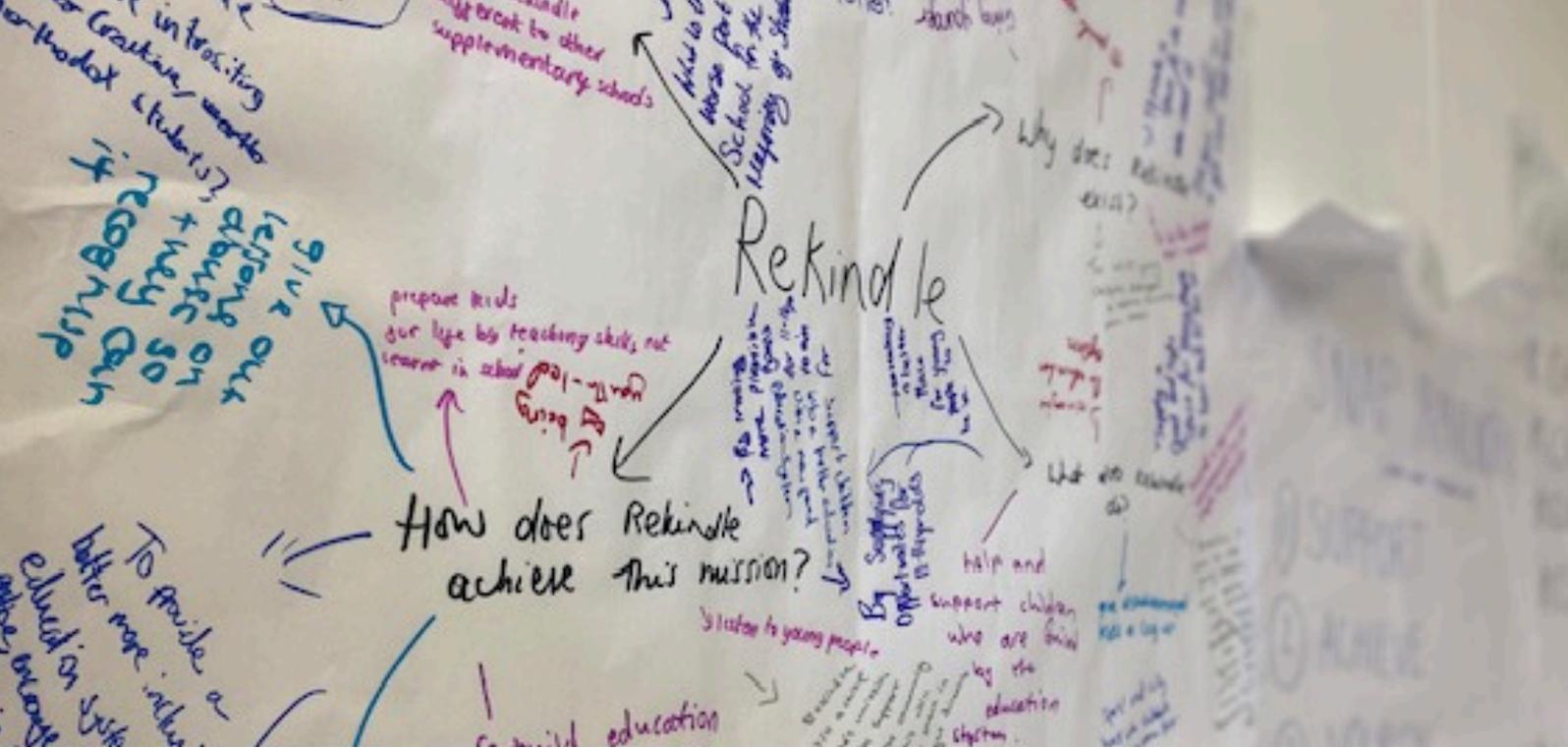


Artwork by  
Otis Boardman  
Age 15  
\* Member of Rekindle Sit Mar \*

# CHILD FRIENDLY SAFEGUARDING POLICY

SEPTEMBER 2025





## Welcome to Rekindle

Rekindle is here to help young people who might have lost their spark for learning. We want you to enjoy learning, ask questions, think for yourself and discover new things with confidence and joy.

Our after-school sessions are for young people aged 11–14, especially those from working-class backgrounds. We aim to give you the tools and confidence to succeed in your own way.

## What we mean by safeguarding

Safeguarding is all about keeping you safe and helping you feel cared for. It means the adults at Rekindle are always looking out for your wellbeing, making sure you are protected from harm and helping you if something worries you.

Safeguarding is everyone’s responsibility – adults, volunteers and young people all have a part to play. It’s about making sure Rekindle is a safe, happy place for you to grow, explore, and enjoy learning.



# KEEPING YOU SAFE



**At Rekindle, keeping young people safe is the most important thing.**

If you ever feel worried, unsafe, or something doesn't feel right, there are trusted adults you can go to for help.

## Who Can You Talk To?

- Your facilitators – the adults who run your sessions.
- The Designated Safeguarding Leads (DSLs) – these are adults trained to help with worries about safety.

## What is a DSL?

A DSL is a trusted adult who is trained to help with safeguarding. This means they know the best ways to keep you safe and support you if you have a worry. You can go directly to a DSL to share your worry. Or, if you tell your facilitator, they will pass it on to the DSL, who will decide the best way to help you.

### Your DSLs:

**London:** Rory Dickinson (rory@rekindleschool.org) & Ilhan Yonis (ilhan@rekindleschool.org)

**Manchester:** Rory Dickinson & Alieh Amuntung (alieh@rekindleschool.org)

**Dundee:** Rory Dickinson & Nika Muthra-Shah (nika@rekindleschool.org)

You can also speak to:

- Your facilitator
- CEO, Ruth Ibegbuna (ruth@rekindleschool.org)
- Safeguarding Trustee, Darren Crosdale (darren@rekindleschool.org)

 You can find their photos on [our team website page](#), so you know who they are.



**You should never feel bad for speaking up – you are doing the right thing.**

### **Sharing a Worry**

If you ever feel worried or unsafe, you can talk to any adult at Rekindle. They will:

- Listen carefully to what you say
- Write down what you tell them
- Take the next steps to help keep you safe

### **How We Help**

After you tell an adult, they will tell a DSL. The DSL will help them decide what to do next to keep you safe. Sometimes, we might need to get other experts involved. This could be:

- Children's Social Care (Social Workers)
- The Police

We work with these people because they are trained to help children and young people in the best way possible. It might sound a little scary, but your DSL will talk to you and explain everything. You can always ask questions if something isn't clear.

### **Record Keeping**

When you share something important, adults write it down. This is called record keeping.

- It helps us make sure you are safe
- These notes are private and secure
- They are only shared when it's needed to protect you

# TYPES OF HARM



There are different types of harm, and it's important you know about them so you can get help if you ever feel worried. Here are some of the main types:

**Neglect:** This is when you aren't given the things you need to stay safe and healthy, like enough food, warm clothes, care when you're sick, or a safe place to live.

**Physical abuse:** This is when someone hurts your body on purpose, like hitting, kicking, shaking, or burning you. It can also include making you unwell on purpose.

**Emotional abuse:** This happens when someone keeps saying or doing things that make you feel bad about yourself, scared, or unloved. Examples include name-calling, ignoring you, always putting you down, expecting too much from you, or bullying (including online bullying).

**Sexual abuse:** This is when someone tries to involve you in sexual activities. It can include touching or not touching, like showing sexual images, saying sexual things, or asking you to keep unsafe secrets.

**Criminal exploitation (county lines):** This is when someone tricks, forces, or pressures you into doing dangerous things for them, like carrying or selling drugs. This often involves threats or violence and can put you at serious risk.

**If you're ever unsure, you can talk to anyone on the Rekindle team or a designated DSL - we are here to listen and support you.**



# USEFUL RESOURCES



If you ever feel in immediate danger, you should call 999 straight away to get help from the police, ambulance or fire service.

## NSPCC

The NSPCC is an organisation that helps keep children safe. If you are worried about yourself or another child.

You or an adult you trust can call the NSPCC for help on 0808 800 5000.

## Childline

Childline is a free, safe and private helpline where you can talk to someone at any time about anything that worries or upsets you.

You can call Childline on 0800 1111.

The full Rekindle Safeguarding Policy can be [found here](#)